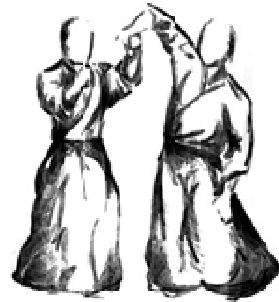


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"There is no contest in the Art of Peace. A true warrior is invincible because he or she contests with nothing. Defeat means to defeat the mind of contention that we harbor within."

Morehei Ueshiba, Founder of Aikido